**INSTRUCTIONS:** Read through each question carefully and consider which one of the possible answers applies to you.

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| --- | --- | --- | --- | --- |
|  | **No,****never** | **Yes,****but seldom** | **Yes,****often** | **Yes,****most of** **the time** |
| 1. I get angry with my child without letting him/her know the reason. | 1 | 2 | 3 | 4 |
| 2. I praise my child. | 1 | 2 | 3 | 4 |
| 3. My child wishes I would worry less about what he/she is doing. | 1 | 2 | 3 | 4 |
| 4. I use physical punishment to discipline my child. | 1 | 2 | 3 | 4 |
| 5. When my child comes home, he/she has to account for what he/she had been doing to me. | 1 | 2 | 3 | 4 |
| 6. I try to make my child’s life stimulating, interesting and instructive (ex. giving him/her good books, arranging for him/her to go to camps, taking him/her to sports/club activities). | 1 | 2 | 3 | 4 |
| 7. I criticize my child and tell him/her how lazy and useless he/she is in front of others. | 1 | 2 | 3 | 4 |
| 8. I forbid my child to do things other adolescents are allowed to do because I am afraid that something might happen to him/her. | 1 | 2 | 3 | 4 |
| 9. I try to encourage my child to become the best. | 1 | 2 | 3 | 4 |
| 10. When my child behaves badly, I try to make him/her feel guilty (for instance by looking sad). | 1 | 2 | 3 | 4 |
| 11. I get overly anxious that something might happen to my child. | 1 | 2 | 3 | 4 |
| 12. I try to comfort and encourage my child if things go badly for him/her. | 1 | 2 | 3 | 4 |
| 13. My child is treated as the ‘black sheep’ or ‘scapegoat’ of the family. | 1 | 2 | 3 | 4 |
| 14. I use words and gestures to show that I like my child. | 1 | 2 | 3 | 4 |
| 15. I like my other children more than I like this child. | 1 | 2 | 3 | 4 |
| 16. I treat my child in such a way that he/she feels ashamed. | 1 | 2 | 3 | 4 |
|  | **No,****never** | **Yes,****but seldom** | **Yes,****often** | **Yes,****most of** **the time** |
| 17. My child is allowed to go wherever he/she likes without me caring too much. | 1 | 2 | 3 | 4 |
| 18. I interfere with everything my child does. | 1 | 2 | 3 | 4 |
| 19. Warmth and tenderness exist between my child and me. | 1 | 2 | 3 | 4 |
| 20. I put strict limits for what my child is and is not allowed to do, to which I then adhere rigorously. | 1 | 2 | 3 | 4 |
| 21. I punish my child hard, even for small offenses. | 1 | 2 | 3 | 4 |
| 22. I want to decide how my child should dress or how he/she should look. | 1 | 2 | 3 | 4 |
| 23. I am proud when my child succeeds in something he/she has undertaken. | 1 | 2 | 3 | 4 |