COVID-19 Household Environment Scale Adolescent Version (A-CHES): Adolescent Report

Part 2
Compared to <u>BEFORE</u> the COVID-19 pandemic, during social distancing, were/are there more <u>CONFLICTS</u> between you and your parent(s) <u>ABOUT</u>

	Much less conflict than before	A little less conflict than before	The same conflict as before	A little more conflict than before	Much more conflict than before	Does not apply to my household	I prefer not to answer
How you spend your free time (e.g., watching TV, video games, hobbies, music or art activities, social media)							
House rules or consequences for breaking rules							
Schoolwork (e.g., completing assignments, grades, needing a quiet place to do schoolwork, having access to a computer or tablet for schoolwork)							
Taking care of your health (e.g., taking medicines, wearing their seat belt, wearing a helmet, using sexual protection, staying safe)							
Going out (e.g., to hang out with friends; going for a walk, bike ride or a drive; curfew)							
Having your friends come over (e.g. who can visit, when they can visit)							
Doing your chores (e.g., cleaning your room, cleaning up after yourself, setting the table, laundry, yardwork)							
Your hygiene (e.g., taking a shower, brushing your teeth, combing your hair)							

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Food or meals (e.g., what foods					
are bought, what meals are					
prepared, what foods you eat,					
sitting with the family for meals)					
Your job (e.g., finding a job,					
going to a job, quitting a job)					
Money (e.g., how much you					
spend, what you buy, your					
allowance)					
Privacy or personal space					
Your social media use (e.g.,					
spending too much time on					
social media, what you share on					
social media, who you					
communicate with)					
Your use of alcohol or tobacco					
(this includes 'dip' or 'chew',					
vaping)					
Your use of other substances					
(e.g., marijuana/cannabis					
[smoking, vaping, edibles,					
tinctures], over the counter or					
prescription medication that					
have not been prescribed to					
you)					
Your technology use (e.g.,					
"hogging"/not sharing gadgets					
or Wi-Fi services)					
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Compared to <u>BEFORE</u> the COVID-19 pandemic, during social distancing, was/is there is more <u>TOGETHERNESS</u> between you and your parent(s) <u>BECAUSE</u> <u>OF...</u>

	Much less	A little less	The same	A little more	Much more	Does not apply	I prefer not to
	togetherness	togetherness	togetherness as	togetherness	togetherness	to my	answer
	than before	than before	before	than before	than before	household	
Spending free time together							
(e.g., watching TV, video							

games, hobbies, music or art activities, social media) Having conversations (e.g., talking together, communication) Doing exercise or fitness activities together Parent(s) getting involved in your education (e.g. helping with homework, sharing what you are learning, talking about plans for college) Facing challenges or solving problems together Helping each other (e.g., with use of technology, health needs, explaining how to do something, hair or make-up) Doing household tasks together (e.g., cooking, laundry, cleaning) Eating together (e.g., having dinner, sharing a snack) Showing concern or emotional support for each other (e.g., sharing feelings, asking about things that are important to each other, trying to cheer each other (u.g., Showing affection (hugs, kisses)) Showing affection (hugs, kisses) Sharing religious or spiritual activities (e.g. praying, meditating, religious pooks, games, car, none)					
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(e.g., personal items, books,					
guines, cui, money,	games, car, money)				

Helping others (e.g.,				
volunteering, charitable				
work, helping elderly				
neighbors)				

Citation: Behar-Zusman, V., Chavez, J.V. & Gattamorta, K. (*In Preparation*), Developing a Measure of the Impact of COVID-19 Social Distancing on Household Conflict and Cohesion.