

COVID-19 Household Environment Scale Adolescent Version (A-CHES): Adolescent Report

Part 2

Compared to BEFORE the COVID-19 pandemic, during social distancing, were/are there more CONFLICTS between you and your parent(s) ABOUT

	Much less conflict than before	A little less conflict than before	The same conflict as before	A little more conflict than before	Much more conflict than before	Does not apply to my household	I prefer not to answer
How you spend your free time (e.g., watching TV, video games, hobbies, music or art activities, social media)							
House rules or consequences for breaking rules							
Schoolwork (e.g., completing assignments, grades, needing a quiet place to do schoolwork, having access to a computer or tablet for schoolwork)							
Taking care of your health (e.g., taking medicines, wearing their seat belt, wearing a helmet, using sexual protection, staying safe)							
Going out (e.g., to hang out with friends; going for a walk, bike ride or a drive; curfew)							
Having your friends come over (e.g. who can visit, when they can visit)							
Doing your chores (e.g., cleaning your room, cleaning up after yourself, setting the table, laundry, yardwork)							
Your hygiene (e.g., taking a shower, brushing your teeth, combing your hair)							

Food or meals (e.g., what foods are bought, what meals are prepared, what foods you eat, sitting with the family for meals)							
Your job (e.g., finding a job, going to a job, quitting a job)							
Money (e.g., how much you spend, what you buy, your allowance)							
Privacy or personal space							
Your social media use (e.g., spending too much time on social media, what you share on social media, who you communicate with)							
Your use of alcohol or tobacco (this includes 'dip' or 'chew', vaping)							
Your use of other substances (e.g., marijuana/cannabis [smoking, vaping, edibles, tinctures], over the counter or prescription medication that have not been prescribed to you)							
Your technology use (e.g., "hogging"/not sharing gadgets or Wi-Fi services)							

Compared to BEFORE the COVID-19 pandemic, during social distancing, was/is there is more TOGETHERNESS between you and your parent(s) BECAUSE OF...

	Much less togetherness than before	A little less togetherness than before	The same togetherness as before	A little more togetherness than before	Much more togetherness than before	Does not apply to my household	I prefer not to answer
Spending free time together (e.g., watching TV, video							

games, hobbies, music or art activities, social media)							
Having conversations (e.g., talking together, communication)							
Doing exercise or fitness activities together							
Parent(s) getting involved in your education (e.g. helping with homework, sharing what you are learning, talking about plans for college)							
Facing challenges or solving problems together							
Helping each other (e.g., with use of technology, health needs, explaining how to do something, hair or make-up)							
Doing household tasks together (e.g., cooking, laundry, cleaning)							
Eating together (e.g., having dinner, sharing a snack)							
Showing concern or emotional support for each other (e.g. sharing feelings, asking about things that are important to each other, trying to cheer each other up)							
Showing affection (hugs, kisses)							
Sharing religious or spiritual activities (e.g. praying, meditating, religious lessons)							
Lending things to each other (e.g., personal items, books, games, car, money)							

Helping others (e.g., volunteering, charitable work, helping elderly neighbors)							
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Citation: Behar-Zusman, V., Chavez, J.V. & Gattamorta, K. *(In Preparation)*, Developing a Measure of the Impact of COVID-19 Social Distancing on Household Conflict and Cohesion.